



Broome Park
NURSING HOME

Issue 85 November 2017

Broome Park People

Broome Park nominated for FIVE awards by the Surrey Care Association



Surrey Care Association



Finalist: Mario Immouche
"Beyond the Call of Duty"

We are very proud to announce that Broome Park Nursing Home has again proved to be "top of the (care) leader board" by being awarded finalist status in the 2017 Surrey Care Awards in five categories. Our individual finalist is Mario Immouche (pictured left): for always going "Beyond the call of duty"; the team awards are "Care Provider of the Year"; "Community involvement in a care setting", "Innovation and good practice in staff recruitment and retention"; and "Care service delivery through the use of technology", relating to Chiltern Music Therapy's involvement with Broome Park on the iPod pharmacy project. The winners will be announced at a gala ceremony and dinner and dance at the prestigious Epsom Race Course on the 17th November.



Finalist: Mr and Mrs Choy
"Care Provider of the Year"



Lunch out

Our chefs provide us with excellent, nutritional meals, but there is something special about going out for lunch. Perhaps it's the change of environment and the chance to chat to friends, family and carers in a restaurant that's the attraction. Lunch at The Dolphin (pictured above), was our chosen venue last month

Introducing Slow Yoga at Broome Park

Studies have proved that yoga and mindfulness, chair-based exercise can be an effective intervention for helping to alleviate a huge range of medical conditions presenting in residential care environments and especially in those living with dementia. In particular it can relieve anxiety and depression, reduce stress and help co-ordination and balance problems. We introduced a trial class last month which was received with great enthusiasm by staff as well as residents who joined in eagerly. The benefits to those who took part were evident immediately and so we are hoping to continue with regular classes.



Fun on Brocketts Farm

Bocketts Farm Park is a working family farm run by the Gowing family who opened it in 1992. Jane and James are first generation farmers who grew up in London and Kent. The couple, and their 3 children moved to Bocketts Farm in 1990 after sheep farming in different parts of the world for 13 years. When they arrived the farm house and surrounding barns were derelict. It took 18 months of sheer hard work before they were ready to welcome their first visitors. The farm has grown with the family, with the addition of vast indoor and outdoor play areas; more animal barns, as well as a tea room and a gift shop. Our residents spent an enjoyable few hours at the farm where they could stroke the animals, watch the farm staff as they carried out their daily chores and relax with a cup of tea in the autumn sunshine.



Harvest festival celebration at Belmont School



We were delighted to accept a kind invitation to take some of our residents to Belmont School to join in their harvest festival service and celebrations. The residents listened to songs and hymns, sung beautifully by the pupils, who then served a delicious tea. Harvest hampers were generously handed out and residents obviously loved mixing with the young people. It was so heart-warming to see the relationships that developed between the young and old at this dementia-friendly school event.



Rest in Peace

It is with sadness that we have to report on the deaths of two much loved residents in October. They will be greatly missed and we will remember them both with affection.



Peter Ware

29.5.1932 – 05.10.2017

Peter came to Broome Park over 20 years ago, so it will be hard to accept that he is no longer a part of Stable Cottage. He was always happy to join in all our activities and outings,



Jack Paines

08.12.1930 – 06.10.2017

Jack Paines had been a resident at Broome Park for just over a year. He was a quiet, gentle man in every sense of the word. Our condolences go to his wife and son.

Alternative Christmas tree

In response to the request from St Michael's church for the local community to create "alternative Christmas trees" to decorate the church, we are very grateful to all those relatives who have brought in photographs of residents in their earlier years to decorate our entry. Our tree will be displayed in the church from the 24th November when the public are invited to view all the entries and vote for their favourite. So if you have time, do pop in – and vote for ours!

Autumnal walks



A stroll in the autumn sunshine around the lake and along the wooded pathways at Earlswood is perfect for working tired lungs and for relieving stress.

Dates for your Diaries

- 1st Visit & service from St Michael's Church 10.30 am 
- 2nd Morning walks at Narnia Trail, Banstead 10.30 am
- 3rd Pet therapy with Honey and Richard 10 am
- 6th Sing-along with Betchworth Village 3 pm 
- 8th Music therapy with Toby 9.30 am – 4.30 pm
- 9th Seated exercises with Janette 2 pm
- 9th B.O.D.S: perform Gilbert & Sullivan's "Patience" 7.30 pm 
- 11th Slow Yoga 11 am
- 11th Broome Park Fireworks Display 6 pm 
- 12th Remembrance Sunday
- 13th Alternative Christmas tree arts & crafts with Joyce 2 pm
- 13th Massage therapy with Suzanne 2 pm
- 12th Activities at United Reformed Church, Dorking 2 pm 
- 15th Music therapy with Toby 9.30 – 4.30 pm
- 16th Christmas shopping trip to Redhill 10.30 am
- 16th Seated exercises with Janette 2 pm
- 17th Pet therapy with Honey and Richard 10 am
- 17th Lunch trip to The Tree on Boxhill 12 noon 
- 20th Visit from Bella Fashion 10.30 - 4 pm
- 20th Visit & service from Dorking Church 10 am
- 20th Massage therapy with Suzanne 2 pm 
- 21st Broome Park Big Breakfast 9 am
- 22nd Music therapy with Toby 9.30 am – 4.30 pm
- 22nd Afternoon tea at St Michael's 2.30 pm 
- 23rd Seated exercises with Janette 2 pm
- 23rd Christmas memories – Epsom Playhouse 1.30 pm
- 24th Musical Memories with France Fry 2 pm 
- 27th Massage therapy with Suzanne 2 pm
- 27th Art and crafts with Joyce 2 pm
- 29th Music therapy with Tony 9.30 am – 4.30 pm
- 30th Seated chair exercises with Janette 2 pm 

Also Book club every Tuesday at 2 pm

The Inspector called!



In fact, four inspectors arrived on the 3rd October and examined, with infinite care, every aspect of Broome Park Nursing Home.

Staff records and residents' care plans were scrutinised; staff, residents and, relatives were interviewed and the care of our residents closely observed throughout the day. Before they left we were told that we would receive their report in about 20 days. It all seemed to go smoothly and they commented that they had no recommendations to make. We are grateful to all staff and relatives who participated on the day. We hope to bring you a full report of the results next month.

Open meeting for all relatives – 16th November

On the 16th November we are holding an open meeting for all relatives of residents. This is a meeting to update relatives on all aspects of the operation of Broome Park Nursing Home and give relatives an opportunity to talk to the management. The meeting will be held in the Main House conference room at 10.30 am and all relatives are welcome. Please bear in mind that, due to data protection and client confidentiality, we will be unable to discuss individual cases relating to residents at this particular meeting.

100 Club winner

The winner of the October draw was Mr S Emerit. If you want join the 100 club and have a chance to win a cash prize, please contact Billie in the management office.

Broome Park's Firework Display
Saturday 11th November at 6 pm
Free admission – donations on the night
in aid of "The Friends of Broome Park"

Please contact Liz on 01737 843333 Option 3 or email Liz.Tomlin@broome-park.co.uk with items for the newsletter