



Broome Park  
NURSING HOME

Issue 89

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# Broome Park People



*Love was all around on  
Valentine's Day*



Having a particular **Valentine's Day** is a very old tradition, thought to have originated from a Roman festival called Lupercalia. The day gets its name from a famous saint, but there are several stories of who he was. The most popular belief about St. Valentine is that he was a priest from Rome in the third century AD. Emperor Claudius II had banned marriage because he thought married men were bad soldiers. Valentine thought this was unfair, so he broke the rules and arranged marriages in secret. When Claudius found out, Valentine was sentenced to death and thrown in

jail. There, he fell in love with the jailor's blind daughter. His love and belief in God cured her blindness, and when he was taken to be killed on 14 February he sent her a love letter signed "From your Valentine". Our residents celebrated the day with a lunch at the Red Lion restaurant; our chefs baked delicious heart-shaped biscuits, and Joyce's arts and crafts sessions had a definite Valentine's Day theme with plenty of red hearts.



## Gatwick Aviation Museum



This Aviation Museum near Gatwick Airport has a unique collection of aircraft from the "golden age" of British aircraft manufacture. From the end of WWII until the 1970s British aircraft designers produced some of the most innovative and advanced aircraft of the day. Our residents were able to stroll round, taking a close look at such classic examples from the major manufacturers of the period, such as Hawkers, Avro, Gloster, De Havilland and Blackburn.



## Chessington Garden Centre

Alex Martin, was 8 years old when he first starting growing vegetables in the family garden and selling them to neighbours. Later, this green-fingered entrepreneur went to agriculture college and then, in the 1960s, he purchased the lease of a derelict shack of a bankrupt building in Leatherhead Road and the first seeds of the hugely successful Chessington Garden Centre were sown. Our relatives always enjoy a visit. Starting with a hot breakfast in the cafe, they like to wander around the vast gardening section, look at the small pets in the animal department and the exotic fish in aquatic centre.



## For those who prefer to stay at home ...

There is always something to do to suit the mood of the moment, from the peace of a solitary jigsaw challenge or a rousing music session with others.



## Meeting the Rt Hon Jeremy Hunt MP

On the 9<sup>th</sup> February, the Rt Hon Jeremy Hunt, Secretary of State for Health and Social Care since 2012 and MP for South West Surrey since 2005, met with Rebecca Choy and key members of the Surrey Care Association. Topics discussed included social care versus the NHS and workforce challenges, as well as the funding gap.



Jeremy Hunt, MP (pictured centre), with members of the Surrey Care Association

The delegates were impressed with Jeremy's knowledge of the issues and he listened and responded openly. More time was needed to fully discuss the concerns of the members, and Jeremy was invited to attend follow up visits which he welcomed.

## Virtual Reality technology for Broome Park

A range of relaxing and nostalgic virtual reality experiences for people living with dementia and other healthcare needs have been developed. The results have been astonishing with marked positive changes in behaviour after the patients have enjoyed the experiences. Horsham District Council is offering sessions on a rental basis. A session took place at Broome Park with huge success which we hope to repeat.



## Rest in Peace

It is with sadness that we have to report the deaths of two much loved residents in February. They will be greatly missed and we will remember them both with affection. Our deepest sympathy goes to their families.



**Anthony Ahearne**

20.02.1976-19.02.2018

Anthony was born with cerebral palsy and came to live at Broome Park nearly 10 years ago. He loved his music and one-to-one time with carers, and was always ready with a smile. Anthony died in hospital the day before his 42<sup>nd</sup> birthday.



**Jane Uwins**

18.06.1936-11.02.2018

Jane had worked as an assistant orthopaedic nurse before her illness, which affected her ability to communicate. She had been a resident at Broome Park for nearly 6 years and enjoyed music and, in the warmer weather, trips out in the fresh air.



## March dates for your diaries

- 1<sup>st</sup> St David's day
- 1<sup>st</sup> Morning tea and shopping trip to Redhill 10.30 am
- 2<sup>nd</sup> Morning tea and walks on Box Hill 10.30 am
- 5<sup>th</sup> Massage therapy with Suzanne 2 pm
- 5<sup>th</sup> Betchworth Village sing-along 3 pm
- 7<sup>th</sup> Music therapy with Toby 9.30 am-4.30 pm
- 7<sup>th</sup> Visit & service from St Michael's church 10.30 am
- 9<sup>th</sup> Pet therapy with Honey and Richard 10 am
- 11<sup>th</sup> Mothers' Day celebrations
- 12<sup>th</sup> Commonwealth Day
- 12<sup>th</sup> Mothers' Day lunch trip to the Red Lion 12.30 pm
- 13<sup>th</sup> Betchworth Nursery: "Music for All" 11 am (SC)
- 14<sup>th</sup> Music therapy with Toby 9.30 am-4.30 pm
- 16<sup>th</sup> Morning trip to Mercedes World, Weybridge 10 am
- 17<sup>th</sup> St Patrick's Day
- 17<sup>th</sup> Slow Yoga with Bernard 11 am
- 19<sup>th</sup> Visit & Service from Dorking Church 10 am
- 19<sup>th</sup> Massage therapy with Suzanne 2 pm
- 20<sup>th</sup> Broome Park Big Breakfast 9 am
- 20<sup>th</sup> Swing into Spring performance 3 pm
- 21<sup>st</sup> Music therapy with Toby 9.30 am-4.30 pm
- 22<sup>nd</sup> Spring Walks around RHS Wisley 2 pm
- 23<sup>rd</sup> Pet therapy with Honey and Richard 2 pm
- 23<sup>rd</sup> Musical memories with Anthony Castleman 4 pm
- 26<sup>th</sup> Dementia friendly cinema showing "Oklahoma" 10 am
- 26<sup>th</sup> Massage therapy with Suzanne 2 pm
- 28<sup>th</sup> Music therapy with Toby 9.30 am-4.30 pm
- 28<sup>th</sup> Afternoon tea at St Michael's Village Hall 2 pm
- 30<sup>th</sup> Frances Fry Musical Sing-along 3 pm

Every Tuesday: Book Club 2 pm

Every Thursday: Seated exercises with Janette 2 pm



## The results of our inspection are now published – All "GOOD"

All aspects of our nursing home were scrutinised minutely at the beginning of October last year. The inspectors could find nothing wrong – or anything that could be improved. It has taken them 5 months to publish the report giving a "good" rating for everything - which is fine. However, many relatives have expressed their indignation that Broome Park was not rated as "Outstanding"! If you agree, we'd be delighted if you would take the time to tell the CQC! You can contact them by following links on their website: [www.cqc.org.uk/contact-us](http://www.cqc.org.uk/contact-us), or write to them at: CQC National Customer Service, Centre, Citygate, Gallowgate, Newcastle upon Tyne, NE1 4PA, or even telephone them: 03000 616161. We are so grateful to all our relatives for their continued support.



## Teddy raises £50 for "The Friends"

On Valentine's day, we were invited to pay £1 to guess the name of the teddy. The lucky winner was Staff Nurse, Damian Marcel who, we believe, had someone special to give it to!

## 100 Club News

Our lucky winner of the January draw was Xiufen Haung and in February, Elaine Law. Don't forget that if you want a chance of winning a cash prize, all you have to do is contact Billie in the Management Office.

Please contact Liz on 01737 843333 Option 3 or email [Liz.Tomlin@broome-park.co.uk](mailto:Liz.Tomlin@broome-park.co.uk) with items for the newsletter