



Broome Park
NURSING HOME

Issue 90

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Broome Park People



The success of Intergenerational activities



Intergenerational studies have highlighted the significantly positive effects on those living with dementia and this was clearly evident when children from the local Betchworth and Buckland Nursery, on being invited to visit Broome Park, joined in one of our music therapy sessions with enthusiasm. The pre-schoolers seemed to thoroughly enjoy themselves and interacted happily with residents who loved having the delightful children around. The remarkable success of this event has led to further visits being planned; the next being for the youngsters to join in a seasonal Easter egg hunt followed by joint arts and crafts sessions when, no doubt, a lot of colourful paints will be splashed about!



Celebrating Mothering Sunday

Mother's Day always falls on the fourth Sunday in Lent and three weeks before Easter Sunday. Some of our lovely mums marked the day with a lunch out at The Red Lion.

National costumes on Commonwealth Day

With many of our staff coming from the Commonwealth countries in Africa, Asia, the Caribbean and Americas, the Pacific and Europe, the day was observed in traditional Broome Park style, with staff bringing in home-cooked food from their native countries and dressing up in their national costumes.



"Swing into Summer" to beat the winter blues



A new musical entertainment group came to Broome Park, bringing with them a great selection of song and dance routines, many from the "swing" era. There were colourful changes of costumes and the afternoon proved to be very popular with our residents who applauded enthusiastically.



Keeping warm during the icy weather

On the Wii
Our active residents enjoyed a competitive spirit while playing a few games of bowls on the Wii.



007 Movie
Residents watched the good old James Bond movie *Goldfinger* and said it hadn't lost its magic or excitement.



Mike Choy wins Mauritian Achiever's Award

Celebrating the 50th anniversary of the Independence of Mauritius, a glittering dinner was held in London to which Mr and Mrs Choy were invited. Part of the celebration was to recognise the outstanding achievements of those who were born in Mauritius but had made a huge contribution to the UK. Mike Choy was presented with an award for his exceptional contribution to Health and Care services. We could have pictured him collecting his award, but we liked this picture of him with Miss England, a guest of honour, who added glamour to this very special occasion.



Taking care of our spiritual welfare

For those who are unable to attend a church, both St Michael's and Dorking Church visit us on a regular basis (pictured above) to conduct a service, give communion where appropriate, and spend time with our residents.



Oh, What a Beautiful Morning!

A "dementia friendly" showing of that old favourite musical "Oklahoma" was enjoyed by residents when they visited Dorking Halls. Our next visit to the Halls will be to see the 1945 film of the British romantic drama "Brief Encounter"; probably one for the ladies!

Royal Horticultural Society's Wisley Gardens

Wisley is a large and diverse garden covering 240 acres. In addition to numerous formal and informal decorative gardens, there are several glasshouses with desert and tropical displays, rose borders, a lake and an alpine meadow, all of which are ideal homes for wildlife. In fact there is too much to be seen in just one visit and our residents never tire of returning to enjoy the spectacular flora and fauna which change with each new season.

We visit Mercedes-Benz

Located on the Brooklands site in Weybridge, the guys had a brilliant time wandering around Mercedes-Benz World; home to the over 100 Mercedes cars through the ages.



April Dates for your Diaries

- 1st Easter Sunday
- 3rd Book club 2 pm
- 4th Music therapy with Toby 9.30 am – 4.30 pm
- 4th Visit and service from St Michael's Church 10.30 am
- 5th Morning walks around Polesden Lacey 10 am
- 5th Seated chair exercises with Janette 1.30 pm
- 6th Pet therapy with Honey and Richard 10 am
- 9th Massage therapy with Suzanne 1.30 pm
- 9th Betchworth Village Sing-along group 3 pm
- 10th Book Club 2 pm
- 11th Music therapy with Toby 9.30 am – 4.30 pm
- 12th Morning tea trip to The Pilots Hub 10.30 am
- 12th Seated chair exercises with Janette 1.30 pm
- 13th Morning trip to Brooklands Museum 10.30 am
- 16th Massage therapy with Suzanne 1.30 pm
- 17th Easter egg hunt with Betchworth and Bucklands Nursery
- 17th Book club 2 pm
- 18th Music therapy with Toby 9.30 am – 4.30 pm
- 19th Shopping trip and morning tea in Redhill 10.30 am
- 19th Seated chair exercises with Janette 1.30 pm
- 20th Pet therapy with Honey and Richard 10 am
- 20th Musical memories with Anthony Castleman 4 pm
- 21st Slow Yoga with Bernard Armstrong 11 am
- 23rd St George's Day
- 23rd Massage therapy with Suzanne 1.30 pm
- 24th Visit and service from Dorking Church 10.30 am
- 24th Book club 2 pm
- 25th Music therapy with Toby 9.30 am – 4.30 pm
- 26th Seated chair exercises with Janette 1.30 pm
- 27th Lunch trip to The Red Lion, Betchworth 12.30 pm
- 30th Massage therapy with Suzanne 1.30 pm

100 Club

The winner of the March draw for the 100 Club was Mary Rode. If you want to join and have a chance to win a cash prize contact Billie in the management office and she will tell you how.

Please contact Liz on 01737 843333 Option 3 or email Liz.Tomlin@broome-park.co.uk with items for the newsletter