



Broome Park  
NURSING HOME

Issue 91

May 2018

# Broome Park People

## Spring has sprung at last!



Easter eggs, donated by "The Friends of Broome Park", were handed out to every resident to help celebrate the Easter weekend. Hot Cross buns were on the menu and eggs were decorated in our arts and crafts sessions. Due to the excessively wet weather, the planned Easter egg hunt in the grounds of Broome Park with the nursery school children had to be postponed, but as soon as the sunshine arrived, the children were able to visit us and help the residents find the hidden eggs. The visit was followed by refreshments at Stable Cottage. We hope that during their next visit these delightful youngsters will join in an arts and crafts session.



### Polesden Lacey – a perfect place to explore

This historic National Trust estate, located on the North Downs at Great Bookham, is one of the Trust's most popular properties. It has been used extensively for a variety of films and television programmes ranging from "Midsummer Murders" and the BBC's Antiques Roadshow. The 1,400 acres of grounds include a walled rose garden, lawns, ancient woodland and landscape walks. The glorious views and beautiful pathways through the grounds to the Edwardian house were enjoyed by our residents.



### Taking tea on the patio

We never miss a chance to be out in the sunshine and during the recent brief taste of the summer that we hope is to come, we took tea on the patio.



### The new baby visits Stable Cottage

No! Not **that** new baby! But care worker, Emma Rowe's gorgeous, new baby boy. Emma, who is planning to return to her nursing training course shortly, brought her baby son to visit us. However, he was soon whisked away by her colleagues to meet the residents.



### Tucking in to a Big Breakfast

Said to be the most important meal of the day, our Big Breakfast days are always popular, whether served at the local garden centre or cooked by our own chefs as pictured above.



## A visit to Redhill Aerodrome in the rain



Despite the bad weather preventing us from spending much time watching the various aircraft take off and land, there was a wide range of light aircraft for our residents to inspect in the enclosed hangers. A hot cup of tea and a cake in The Pilots' Hub rounded off the day.

## Museum Visit

Displays of planes, buses, bikes and cars from old to modern were viewed with great interest by our residents during their visit to the famous museum at Brooklands; the birth-place of British motor-sport and aviation.



## May Dates for your Diaries

- 2<sup>nd</sup> Visit & service from St Michael's Church 10.30 am
- 2<sup>nd</sup> Music therapy with Toby 9.30 am – 4.30 pm
- 3<sup>rd</sup> Banstead Woods - bluebells walk 10 am
- 3<sup>rd</sup> Seated chair exercises 2 pm
- 4<sup>th</sup> Pet therapy with Honey and Richard 10 am
- 7<sup>th</sup> Betchworth Village sing-along 3 pm
- 8<sup>th</sup> Morning walks at Earlswood Lakes 10.30 am
- 9<sup>th</sup> Music therapy with Toby 9.30 am – 4.30 pm
- 10<sup>th</sup> Morning shopping trip to Redhill 10.30 am
- 10<sup>th</sup> Seated chair exercises 2 pm
- 11<sup>th</sup> Morning out at Borde Hill Gardens 10 am
- 14<sup>th</sup> Arts and crafts with Joyce 2 pm (MH)
- 15<sup>th</sup> Broome Park Big Breakfast – Summer edition 9 am
- 16<sup>th</sup> Music therapy with Toby 9.30 am – 4.30 pm
- 17<sup>th</sup> Seated chair exercises 2 pm
- 18<sup>th</sup> Pet therapy with Honey and Richard 10 am
- 18<sup>th</sup> Musical memories with Anthony Castleman 4 pm
- 19<sup>th</sup> Slow Yoga with Bernard Armstrong 11 am
- 21<sup>st</sup> Visit and service from Dorking Church 10.30 am
- 21<sup>st</sup> Arts and crafts with Joyce 2 pm (SC)
- 21<sup>st</sup> Bluebell Railway lunch trip 11 am
- 23<sup>rd</sup> Music therapy with Toby 9.30 am – 4.30 pm
- 24<sup>th</sup> Lunch out at The Red Lion, Betchworth, 12 noon
- 24<sup>th</sup> Seated chair exercises 2 pm
- 25<sup>th</sup> Afternoon tea party 2 pm (chez Gaye Wickens)
- 28<sup>th</sup> Massage therapy with Suzanne 2 pm
- 28<sup>th</sup> The fabulous Frances Fry's musical memories 2.30 pm
- 29<sup>th</sup> Music therapy with Toby 9.30 am – 4.30 pm
- 31<sup>st</sup> Seated chair exercises 2 pm
- 31<sup>st</sup> 70<sup>th</sup> Birthday party



Also Book Club every Tuesday

9<sup>th</sup> June 2.30 to 4.30 pm - Broome Park Garden Party



# Garden Party



Saturday 9<sup>th</sup> June 2018 at 2.30pm

At Broome Park Nursing Home



Everybody welcome: bring your friends, families and neighbours and join in the fun.



Live music, refreshments, huge raffle, tombola gorgeous cakes, and games for all the family.

If you can help on the day, please let us know

In aid of our registered charity "The Friends of Broome Park"

## Come and join us!

At Broome Park we have a lively Support Group for anyone who has a loved one, relative, or friend who is, or has been, a resident at Broome Park Nursing Home.

You are not alone!



Join the Support Group

This friendly group was formed 5 years ago when it was realised that spouses of those who had come to Broome Park for full time care, had a great deal in common – they were all struggling to come to terms with the situation. Supporting each other in adapting to a new way of life has been a major aim as they have socialised, lunched and had fun together. Gill Dowling, who has led the group so brilliantly since its formation has decided to step down from the helm, but will still be involved with the group. Joyce Sanderson has gallantly agreed to take over as the main point of contact. Joyce spends a great deal of time at Broome Park with her husband and running the arts and crafts sessions. If you would like to join the Support Group or want to know more about it, do please contact her. Joyce is often at the nursing home, or email her at [joyce.sanderson@btopenworld.com](mailto:joyce.sanderson@btopenworld.com), or talk to Ant, our activities organiser. A warm welcome awaits you!

## Our joint S.A.S. Spring winners

There were two winners of the spring Seasonal Award Scheme: Staff nurse, Suntosh Punchoo, from the Main House and care worker, Marian Damian, from Stable Cottage. Their colleagues voted that they should be recognised for their dedication and exceptional support and caring. Well done!



Suntosh Punchoo



Marian Damian

## 100 Club

Our April winner was Linda Gover. If you would like the chance of winning a cash prize, contact Billie in the management office to find out how.

Please contact Liz on 01737 843333 Option 3 or email [Liz.Tomlin@broome-park.co.uk](mailto:Liz.Tomlin@broome-park.co.uk) with items for the newsletter